



www.peacebuilders.org.uk

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Dealing with Conflict in Church Life **Friday 23rd April, 9.00am - 4.30pm**

Conflict Resolution training is about learning to live and work together in a peaceful and dynamic way. The need to invest in a sustainable culture of peace is becoming more and more apparent in our diverse and changing world. The people we have worked with send clear messages about the value of conflict resolution training and the benefit to their school, organisation, church or business.

Aim

To raise awareness among church leaders of conflict, how it affects us and our relationships. and how we can use skills and strategies to manage conflict situations effectively.

Objectives

By the end of the course participants will:

- Know what conflict is and how it affects people.
- Understand how they and others might think, feel and behave in conflict.
- Have engaged in discussion around why Christians are called to be Peacemakers.
- Know what their own preferred style(s) of managing conflict is.
- Understand more about the impact of their preferred style on others'.
- Know how to more effectively respond to others' in conflict.
- Have learnt some key skills for communicating effectively in conflict situations.
- Understand more about the work of *Peacebuilders*.

The training is participative, lively and experiential. We use games, large and small group discussions, presentation and role play (this is voluntary but we do like to encourage participation).

Date and Time

Friday 23rd April 2010: 9.00am for registration (we will start promptly at 9.30am).
The day will finish at 4.30pm.

Location

The Hub Community Centre, Pownall Road, Altrincham, Greater Manchester.
WA14 2SZ

www.ourhub.org

Booking & Costs

To book a place on this course, please contact Roger Sutton on 0789 472 8883 OR e-mail: rogersutton@live.com

The cost of this one day course is £30 (only available to Church Leaders).

Refreshments and a light lunch will be provided on the day.

Comments from previous training:

"I wanted to thank you for last week's course. It was a fantastic learning experience and unsurpassed in its warm professionalism....the atmosphere was sensitive, careful and inclusive which made an enormous difference to my capacity to learn effectively."

Dr D Bowman, Senior Lecturer, University of London, Conflict Mediation Skills, March 2009

'Excellent. A really good mixture of learning styles, plenty of interaction. I learnt some new stuff, about myself and others, which is always good. The day was broken up extremely well.'

T. Jones, Leeds Christian Community Trust, Introduction to Conflict Resolution, Feb 2009

"It was really great, thank you! Feel it has helped and given me some good information and tools to get started with when dealing with conflict situations. It's also motivated me to want to find out more since I've enjoyed today so much, so thank you!"

A. Lambley-Steel, Introduction to Conflict Resolution, Feb 2009

"The trainers had prepared a thorough 3 days. I felt it was structured well, with just the right amount of time given to different topics / exercises. It was clear how knowledgeable and experienced the trainers were and this gave me confidence. There was a good mix of games, exercises, role plays and handouts."

A. Whitfield, Connexions, Conflict Mediation Skills, May 2008

Background to Peacebuilders and the Trainers

Peacebuilders grew out of Resolutions First, a social enterprise specialising in conflict resolution between 1999 and 2008. In December 2008, Resolutions First restructured into two separate enterprises, Peacebuilders and Carl Emery Associates.

Peacebuilders was set up by Laura Gilchrist to build on the nine years of experience of developing and delivering conflict resolution training in schools, the public sector and the community.

Laura Gilchrist is a qualified mediator with six years experience in community, school and workplace mediation, as well as being an experienced trainer and facilitator. She is also a qualified commercial mediator. Laura has delivered training

for children and teachers in playground buddies, peer mediation and developing an effective school council. Whilst at Resolutions First , she developed and delivered an accredited Mediation Training course, and a conflict resolution course for Manchester Metropolitan University's Youth and Community Work programme. Laura has a Masters degree in Conflict Resolution and is a founding partner of the national 'Peace School' programme. With a background in Development Education, she has also delivered training on a range of global development issues in secondary schools and church settings. Laura co-authored the Primary Playground Buddies Toolkit, a resource for primary school teachers to train pupils as playground buddies.